

CITRUS CARE DENTAL

NEWSLETTER

Citrus Care Dental, where your smile matters

A Quarterly Newsletter

2010 Winter Issue



Dr. Gary S. Padgett

Dear Patients,

As the seasons turn again, we all start to enjoy the cooler weather and start to prepare for the busiest time of the year.

We see that many of our seasonal patients have returned as our schedules are filling up as we continue their care where we left off when they went back north last year.

As always, we continue to set ourselves apart from other offices by our commitment to providing the highest level of personalized care. Through our continuing education and drive to provide the latest techniques for our patients we continue to help our patients with some of the more difficult dental problems our patients present to us. Without a doubt, it is through our ability to solve our patients difficult, complex dental problems that we continue to grow through patient referrals and specialist referrals. We would like to take this opportunity to thank you for having the confidence in us to refer your family and friends.

Central to our commitment to providing care to our patients is that of stressing

the importance of home care and what a patient can do to assist them in maintaining their dental health. We participated in several health fairs where we shared this information with local residents. The response was so overwhelmingly positive that we decided to include some of this information in this newsletter. We hope you enjoy it.

We encourage you to share our newsletter with friends who might benefit from it as well as sharing our website which has all of our newsletters in it.

As always, our office wishes you happy holidays and hope you have a great season this year.



Gary S. Padgett DDS

Update & Events

◆ On September 9 & 25, Kelli and Susan represented Citrus Care Dental Association in Women's Health & Fitness Expo at the National Guard Armory in Crystal River and Health Family Fit & Fun Fair at CFCC Citrus County Conference Center. We were there to share valuable information about oral health with fair attendees. Many good questions came from the people attending the fair and goodie bags and pamphlets were handed out as people stopped by the table.



*Kelli & Susan
at Women's Health & Fitness Expo*



*(From left to right)
Brenda . Chris . Cindee .
Susan . Lorraine . Kelli*

Staff TALK

We would like to wish a *welcome home* to our patients who have come back to Florida for the winter. This time of the year is also our favorite moment when we all celebrate the holiday with family and friends.

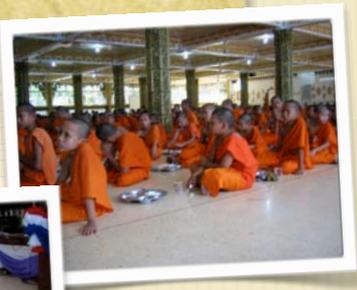


During the holiday season, we would like to warmly remind you that we are here for your dental needs and if you have any concerns or problems please feel free to call our office.

**Happy holiday
from all of us**

♣ Kelli & Susan: had an excellent turnout at the Women's Health and Fitness Expo and the Fun and Fit Fair last October. They were excited with the interest and happy to answer all the questions regarding dental health that were asked.

♣ Brenda: Dr. Padgett has returned from Thailand where he continued his work with the Buddhist Monks. Dr. Padgett donated his time, care and expertise to the many patient in need of dental care.



Dental Care

Periodontal Disease & What It Means To You

Periodontal Disease, by definition, is a bacterial infection of the soft tissue (gums) and bone in the mouth. Bacteria (dental plaque) forms in you mouth continuously and is removed by good brushing, flossing and regular dental cleanings. With this regimen you minimize the negative effects this bacteria has in your mouth.

If bacteria is not removed, the following chain of events occur:

- 1) First the gums become red, inflamed and then may bleed easy.
- 2) If this continues, next the gums will start to separate from the teeth and the bone.
- 3) If again left untreated, this bacterial infection of the gums will start to invade the bone with the end result being loss of bone and the teeth become loose from lack of supporting bone structure.
- 4) Plaque also causes a negative effect on dental fillings and restorations. The acidic effect combined with the sugars in plaque will form cavities at the junctions of dental fillings and can become quite costly when crowns and bridges are present in the mouth.

Active Periodontal disease



The tissue is red, shiny, smooth and appears swollen



A dark red band is present next to the teeth



This red band is the tissue response to the bacteria that is present in the plaque and calculus that is readily visible on the teeth surfaces

Healthy Periodontal Tissue



The tissue is pink and firm looking with a stippled look to the surface



Notice how there is no plaque or calculus present and no red band or bleeding of the tissue

Studies in the last fifteen years have shown links between periodontal (gum) disease to heart disease and to complications with diabetic patients. The blood supplies in the oral cavities have a direct influence on the systemic blood system and infections.

Continuing education and studies help us help our patients with maintaining their health. Taking care of your oral health through regular brushing, flossing and

dental cleanings is the most effective way to keep your future health, dental needs and costs to a minimum.

Completed Case Hybrid Denture on Implants

This patient had recently lost all of their teeth. Their desire was to replace them but a removable denture was not an option as the patient had a severe gag response.

The solution: We determined that the only option was to place implants that some type of prosthesis could be anchored on. This would avoid us having to have anything touch his upper palate and throat area which caused the gag response.

This is how we started the procedure:

- ◆ We designed and fabricated a denture setup to determine where the teeth needed to be. Then multiple implants were placed basing on the teeth location which could support the prosthesis after the implants had integrated into the bone.



- ◆ After complete healing, we fabricated a custom

metal substructure made of titanium and then bonded our teeth to this.

- ◆ The completed prosthesis was made to lay on the implants and be held on with screws.



With this design we were able to replicate natural feeling teeth that looked natural and did not have to be removed by the patient but could be removed by us.

The Result:



Before



After



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