

# CITRUS CARE DENTAL

## NEWSLETTER

*Citrus Care Dental, where your smile matters*

A Quarterly Newsletter

2010 Spring Issue



Dr. Gary S. Padgett

**Dear Patients,**

**W**elcome to our 2nd issue of **Citrus Care Dental Association's Newsletter**. The spring season has arrived with all its fresh green color and the beautiful flowers to follow for the summer season.

Here at *Citrus Care Dental* we are experiencing the same growth, with our patients benefiting from our continuously educated and caring staff. And our patients are growing from the high quality care we strive to provide.

We want to remind our patients to schedule their 'Spring Cleaning' that will give them a beautiful smile for the Summer season. Your oral health is very much connected to your overall general health. These check ups are an important tool to help monitoring your health as well as to find any potential dental conditions that may lead to future problems. Addressing these conditions when they are small and simple is usually less traumatic and costly to treat and correct than waiting until it hurts.



During your examination we check all oral tissues for irregular masses and growths and sore areas. This is a screening procedure for precancerous changes in oral tissues which can be treated with greater success when found early. When left undiagnosed, the spread to local tissues and lump glands make treatment more difficult with a less than favorable outcome. We also look at areas that may become future problems and suggest and provide supplemental brushes and aids that might help you maintain certain areas better.

Our goal is to assist you in keeping and maintaining all of your teeth in a comfortable, healthy condition. We are always available to answer any questions you may have regarding your desires.

*Gary S. Padgett DDS*



## Update & Events



◆ On March 10th, Citrus Care Dental participated in the **Health Fair 2010** in Bella Vita Spa located in Citrus Hills Terra Vista to provide dental health information and answer any questions.

◆ On April 29th, **Susan Mitchell**, one of Dr. Padgett's dental hygienist recently spoke with the girls at Camp E Nini Hassee about the importance of good oral health. Many good questions came from this

attentive group allowing her to address numerous areas of oral health as well as its relationship to overall health. She also introduced the idea of choosing a career in dentistry as an option for further education. Camp E Nini Hassee is a camp for teenage girls who through a series of adverse events in their life ended up with one last chance. Located in Floral City, they are on 880 acres where the girls harvest the wood to build the tents and kitchens where they will live and prepare meals. There the girls spend from six to eighteen months learning how to live all over again with discipline, love, compassion and a community who cares. Dr. Padgett donates



Susan Mitchell

dental supplies for the girls at this camp.

◆ Our patient *'Debbie Denham,* is in an article, "Getting to the root of the problem" in **Florida Health Care News (summer 2010 edition)**. Dr. Padgett successfully restored her with implants (teeth in an hour) some time ago. It was an informative article regarding the surgeon and the current technology we use that benefit our patients.



## Staff TALK



◆ **We treat you like family because we are !**



Both **Brenda** and **Lorraine** at the front desk are in constant contact with our patients insurance companies and with the latest software, the turn over in receiving payment from these companies can be as little as 10 days! They welcome any questions regarding your account and are always ready to help you with your appointment needs.



Both **Kelli** and **Chris** work together to make your reserved time with Dr. Padgett as comfortable and pleasurable as possible. Questions on procedures are welcome because we strive to give you the individual attention you require. This is a team effort, in front and in the clinical rooms that are working for your desires.

## Completed Case

### Computer designed and fabricated Zirconium porcelain fixed bridge on 4 implants

**T**HIS QUARTER I WOULD LIKE TO PRESENT THIS FIXED PORCELAIN BRIDGE CASE THAT WE RECENTLY ACCOMPLISHED:

**This patient is a young female.** She presented herself to us with no upper front teeth. She had a removable partial denture and her desire was to have teeth that were comfortable that she did not have to take out every night that would compliment her smile.

**The goal was for** the patient to have teeth that would not be removable and that look and felt like her original teeth used to.

**The solution for** this particular patient was to place 4 implants in the area where the teeth were missing. We then designed and fabricated a porcelain bridge that was anchored with screws onto the 4 implants.

#### **This is how we started the SCREW RETAINED Zirconium Fixed Bridge**

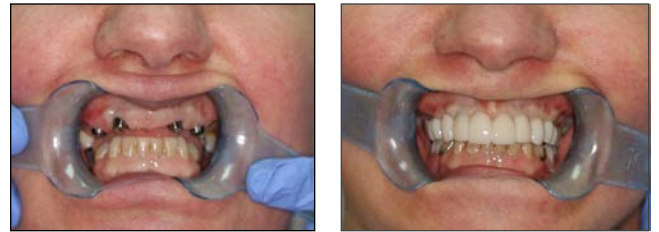
We designed the teeth in wax first on a diagnostic model of her mouth.

From this we then determined where the implants needed to be places to support the final fixed bridge.

We then fabricated a template to guide the placement of the implants while also fabricating a temporary bridge for the patient to wear during the treatment.



During the healing time in her temporary bridge, the final bridge was constructed using computers



and milling machines. The final bridge is fabricated in Zirconium Porcelain and is held in with 4 screws that are hidden from view.

#### **The Result:**



Before

After

#### **Dr. Padgett's perspective:**

This is the most current techniques and material being used to obtain the highest degree in comfort and esthetics for patients today in tooth replacement.

We are using these materials and techniques on both implants and natural teeth. By using solid zirconium we are able to avoid those dark black lines that patients sometimes see later in life where the gums meet the crowns due to the gums changing.



## Dental Care What is preventive dentistry?

**Y**our oral health is very much connected to your over all general health. Check-ups by your dentist are an important tool to screen for signs of other medical conditions or diseases. As above, the tissues in your mouth are an indicator of your over all health and can preempt future diseases. Diabetes, nutritional deficiencies even heart disease research suggests that there may be a link to periodontal (gum) disease and other health problems. The New England Journal of Medicine reports **“That the intensive treatment for periodontitis directly improves the health of blood vessels, which may have relevance for the prevention of heart attacks and stroke”**.

During your examination, your dentist checks your neck and oral tissues for irregular masses, growths, red or white spots and recurring sore areas. This is a screening for precancerous changes in oral tissues which can be treated with greater success when found early. When left undiagnosed, the spread to local tissues and lymph glands make treatment more difficult and result in a less than favorable outcome.

**Periodontal disease and teeth:** Having dental cleanings several times per year helps prevent gum disease which is a form of

bacterial infection of the gums. This combined with regular brushing and flossing helps keep the gums healthy and improves the lifespan of your existing fillings and dental restorations. Although your dentures were made to fit you precisely, dentures can become loose from changes in your gums and bones. You need to have them checked for your comfort and to get full use of your investment. *Ill fitting dentures hamper your first step in digestion – chewing, and nutrition which is fundamental for your resistance to disease.*

**YES. YOU DO NEED AN EXAM WITH  
FULL DENTURES !**

Sometimes we need to reline the dentures to obtain a tight fit again. Many times a patient will elect to place several implants under their denture to anchor it down to improve stability and comfort and confidence.



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