SMILES Make Lasting First Impressions

By Gary S. Padgett

Almost everyone is worried about their self-image, including how their teeth might be perceived by others. Often, those with jagged or crooked teeth will go out of their way to cover up a smile using their lips or talk with their mouths slightly closed to avoid anyone noticing what their teeth look like. Others will spend money on cosmetic dental work to fix the crooked teeth. In both business and personal life, smiles are usually the first thing people notice.

Unfortunately, people have been known to form opinions based on minor imperfections, such as crooked teeth. This is especially true during social events, such as a job interview or a first date. These opinions can leave a lasting first impression.

Smiles and teeth are one of the most importance features that stand out during first impressions. Studies have shown that those who possess straighter teeth were more associated with success, intelligence, popularity and good general health.

There are many options that can be utilized to improve your smile. A visit to your dental office will give you plenty of information and options that would be best for your specific case. Some options can be as simple as bleaching the teeth to lighten the color or you may need to get into something more serious like orthodontics. Sometimes you will need a combination of treatments including reshaping teeth to improve the smile line and uniformity or re-crowning some teeth to get rid of those annoying black margins. Whatever combination of treatments you need, you will leave your dental office with confidence in knowing you are getting the best treatment for you.

Featuring a very special patient case, Brenda, who many of you already know is our Office Administrator. Over the course of her life, she has had numerous dental procedures at different times that did not blend well with color, shape and function. She wanted to improve her smile and have it look more natural.

THE PROBLEM: There was some fillings and restorations that did not match in shape, color or length and her bite was not stable nor esthetically pleasing. The solution
was to create the smile with uniform color, shapes and relationships while also correcting the bite relationship of the teeth.

THE SOLUTION: First we started by creating acrylic temporaries to match our wax models in a color that we felt would compliment her skin tone. Then we had the patient try the temporaries out and see how they worked and felt. After a few weeks we created the final porcelain restorations using computers to design and fabricate the final crowns and bridges. We used the computers to scan our final models and then use cad cam technology to fabricate our final restorations using zirconium porcelain and milling machines.

THE RESULT: The Dental restoration looks as lifelike as a real smile with exceptional bio–compatibility with the surrounding tissues. A beautiful, natural–looking smile with a stable bite. Like the old saying goes, "When you are smiling, success smiles upon you."

Call us to set up an appointment on what can be done to give you a beautiful smile.

Please call us at 352–746–3800, visit our website http://citrusdental.com/ or find them on Facebook.